



# Community Action Opportunities

HELPING PEOPLE. CHANGING LIVES.

## Family Development Training and Credentialing Initiative Empowerment Skills for Leaders Training

### What is Leader Training?

Cornell University's Empowering Families Project used an adult learning model to develop a curriculum designed for supervisors and leaders interested in strengths-based leadership practices. The training that leads to a Credential through Duke University Office of Continuing Studies, combines classroom activities with Independent Learning Projects and a Self-Empowerment Plan. Six day-long classes meet over a three month period. Organizations that serve families are encouraged to send supervisors to this training as a means of bringing empowerment based principles used in Family Development work to their profession roles as leaders, mentors and visionaries.

### What is unique about the training?

The Empowerment Skills for Leaders Training

- Provides an in-depth, interactive, and reflective program that encourages personal and organizational transformation
- Applies to all levels of leadership in organizations including board members, directors and front line supervisors
- Helps leaders identify the areas for empowerment-based change within their organization to make meaningful differences in family and organizational outcomes
- Provides a strengths-based approach for Frontline Supervisors to further enhance their Workers' development

### How Do You Earn a Credential?

To obtain a credential, participants successfully complete the following:

- **Training** - Participate in 36 hours of class training over 6 days, based on the *Empowerment Skills for Leaders* curriculum developed by Cornell.
- **Learning Projects**– Prepare an Independent Learning Project for each chapter to enhance skills in personal and organizational transformation.
- **Peer Coaching** - Work with, and be, a peer coach. Coaches provide mutual support and guidance in planning and evaluating the Independent Learning Projects and the Self-Empowerment Plan.

### Who sponsors the Training?

The statewide training project is sponsored by Community Action Opportunities (CAO). Their vision is to strengthen and build capacity with families using a strengths/assets-based approach. CAO also offers the NC Family Development Credential, a training program for front line Workers.

#### Cost:

The registration fee of \$660 includes the classroom sessions, review of the projects and, upon successful completion, the issuing of the credential through Duke University Office of Continuing Studies. (Note: Some applicants are sponsored under grant funding, when available.)

**NC Empowerment Skills for Leaders Training will be offered in North Carolina at locations to be determined.**

**For an application or further information about the training call Carey Gibson at 828-252-2495 or email [admin@communityactionopportunities.org](mailto:admin@communityactionopportunities.org)**